

# SPRING DINNER CALORIES

## Small Plates

CHILLI & SOY-GLAZED CHICKEN WINGS 342kcal  
WARM CIABATTA, GARLIC BUTTER 464kcal  
WARM HONEY & WALNUT CAMEMBERT  
Green Apple 735kcal

HALLOUMI FRIES & BLOODY  
MARY KETCHUP 528kcal  
NOCELLARA, GAETA,  
CERIGNOLA OLIVES 194kcal

SHAWARMA-SPICED HOUMOUS  
Crispy Chickpeas & Flatbread 482kcal  
BRINDISA BABY CHORIZO 373kcal

## Starters

BEEF CHEEK CHILLI  
Creamed Corn, Garlic Bread 502kcal  
MERRIFIELD DUCK SCRUMPET  
Hoi Sin, Cucumber & Spring Onion Salad 745kcal

TEMPURA PRAWNS  
Chilli, Ginger & Sesame Dressing 234kcal  
ORANGE, PISTACHIO, CARROT & RED CHILLI SALAD  
Ras El Hanout, Roast Lemon Dressing 398kcal | 754kcal  
+ Crispy Duck 482kcal or Halloumi Croutons 322kcal

## Mains

FREE-RANGE CHICKEN SCHNITZEL  
Garlic & Parsley Butter, Rocket, Parmesan & Fries 1,433kcal  
SPRING VEGETABLE RAVIOLI  
Wild Garlic, Lemon & Herb Crumb 502kcal  
MISO-GLAZED COD  
Black Rice, Choi Sum, Lime, Chilli & Coriander 431kcal  
14 HOUR BRAISED BEEF & ALE PIE  
Buttered Mash, Greens, Gravy 899kcal  
FISH & CHIPS  
Haddock Fillet, Crunchy Batter, Chips, Peas & Tartare Sauce 941kcal  
SOUTH INDIAN AUBERGINE & LENTIL CURRY  
Crispy Chickpeas, Basmati Rice & Chapati 888kcal  
SLOW-COOKED JIMMY BUTLER'S PORK BELLY  
Champ Mash, Spring Vegetables & Crackling 1,085kcal

## Grill

*We serve the best British beef. Grass-fed, naturally slow-grown on carbon-capturing pasture. 28 Day dry-aged by Aubrey Allen for incredible flavour. When only a steak will do, make it one of these beauties. Steaks served with Chips & Rocket*  
+ Chimichurri 269kcal or Peppercorn Sauce 208kcal | + Garlic King Prawns 138kcal  
8OZ RUMP CAP STEAK 900kcal  
12OZ SIRLOIN ON THE BONE 1,261kcal  
STEAK DIANE - FILLET STEAK MEDALLIONS  
Mushroom, Shallot & Cream Sauce 1,078kcal  
+ extra 3oz Fillet Medallion 177kcal  
DIRTY VEGAN BURGER  
Marmite Onions, Smoked Cheese, Tomato Relish & Fries 1,114kcal  
AUBREY'S STEAK BURGER  
Cheddar Cheese, Burger Relish, Gherkin & Fries 1,581kcal  
+ Free-range Bacon 170kcal or Marmite Onions 43kcal

## Loaded Fries

MAPLE-CURED BACON & CHEESE 407kcal | 814kcal  
CHICKEN POUTINE  
Shredded Free-range Chicken, Cheese, Crispy Skin, Chicken Gravy 230kcal | 523kcal  
MUSHROOM & BLUE CHEESE MAYO 437kcal | 911kcal

## Sides

THICK-CUT CHIPS OR  
SKINNY FRIES 377kcal | 435kcal  
TRUFFLE MAC & CHEESE 528kcal

CAESAR SALAD  
Croutons, Parmesan & Anchovies 300kcal  
PURPLE SPROUTING BROCCOLI  
Chimichurri 196kcal

BUTTERED NEW POTATOES 288kcal  
ONION RINGS 470kcal

## Puds & British Cheeses

CHOCOLATE & SALTED CARAMEL TORTE  
Crème Fraîche 481kcal  
KNICKERBOCKER GLORY  
Rhubarb & Lemon Curd 553kcal  
TREACLE TART  
Clotted Cream 543kcal  
MASCARPONE CHEESECAKE  
Drunken Cherries, Amaretti Crumb 593kcal

APPLE TARTE TATIN  
Vanilla Ice Cream 301kcal  
SALCOMBE DAIRY ICE CREAM & SORBET 126kcal | 188kcal | 331kcal  
(Choose Three: Vanilla, Chocolate, Raspberry Ripple, Honeycomb, Blackcurrant or Mango Sorbet)  
MINI PUD  
Chocolate Brownie 573kcal or Smidgen of Cheese  
with your choice of Tea or Coffee  
BRITISH CHEESE PLATE 348kcal  
Pitchfork Cheddar 334kcal and Beauvale Blue 291kcal, Chutney,  
Apple & Peter's Yard Crackers

## Kcal = Calories

Allergens: before ordering, please speak to our team. Dishes are prepared in busy kitchens containing all ingredients, we cannot guarantee any dish to be totally free from allergens. If you want to know more about how our dishes are cooked or prepared, please talk to us. Children are heartily welcome and we're happy to make simplified versions of dishes, or half portions at half price. An optional 10% service is added to parties of six or more, all tips go to the team. A 25p contribution from every superfood salad goes to Peach Foundation, which raises funds to support good causes in our local communities.

# SPRING LUNCH CALORIES

## Small Plates

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WARM CIABATTA, GARLIC BUTTER 464kcal  
WARM HONEY & WALNUT CAMEMBERT  
Green Apple 735kcal

HALLOUMI FRIES & BLOODY  
MARY KETCHUP 528kcal  
NOCELLARA, GAETA,  
CERIGNOLA OLIVES 194kcal

SHAWARMA-SPICED HOUMOUS  
Crispy Chickpeas & Flatbread 482kcal  
BRINDISA BABY CHORIZO 373kcal

## Starters

BEEF CHEEK CHILLI  
Creamed Corn, Garlic Bread 502kcal  
MERRIFIELD DUCK SCRUMPET  
Hoi Sin, Cucumber & Spring Onion Salad 745kcal

TEMPURA PRAWNS  
Chilli, Ginger & Sesame Dressing 234kcal  
ORANGE, PISTACHIO, CARROT & RED CHILLI SALAD  
Ras El Hanout, Roast Lemon Dressing 398kcal | 754kcal  
+ Crispy Duck 482kcal or Halloumi Croutons 322kcal

## Mains

FREE-RANGE CHICKEN SCHNITZEL  
Garlic & Parsley Butter, Rocket, Parmesan & Fries 1,433kcal  
SPRING VEGETABLE RAVIOLI  
Wild Garlic, Lemon & Herb Crumb 502kcal  
MISO-GLAZED COD  
Black Rice, Choi Sum, Lime, Chilli & Coriander 431kcal  
14 HOUR BRAISED BEEF & ALE PIE  
Buttered Mash, Greens, Gravy 899kcal  
FISH & CHIPS  
Haddock Fillet, Crunchy Batter, Chips, Peas & Tartare Sauce 941kcal  
SOUTH INDIAN AUBERGINE & LENTIL CURRY  
Crispy Chickpeas, Basmati Rice & Chapati 888kcal  
SLOW-COOKED JIMMY BUTLER'S PORK BELLY  
Champ Mash, Spring Vegetables & Crackling 1,085kcal

## Grill

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8OZ RUMP CAP STEAK 900kcal  
12OZ SIRLOIN ON THE BONE 1,261kcal  
STEAK DIANE - FILLET STEAK MEDALLIONS  
Mushroom, Shallot & Cream Sauce 1,078kcal  
+ extra 3oz Fillet Medallion 177kcal  
DIRTY VEGAN BURGER  
Marmite Onions, Smoked Cheese, Tomato Relish & Fries 1,114kcal  
AUBREY'S STEAK BURGER  
Cheddar Cheese, Burger Relish, Gherkin & Fries 1,581kcal  
+ Free-range Bacon 170kcal or Marmite Onions 43kcal

## Loaded Fries

MAPLE-CURED BACON & CHEESE 407kcal | 814kcal  
CHICKEN POUTINE  
Shredded Free-range Chicken, Cheese, Crispy Skin, Chicken Gravy 230kcal | 523kcal  
MUSHROOM & BLUE CHEESE MAYO 437kcal | 911kcal

## Sandwiches

+ Chips 288kcal  
GRILLED CHEESE ON SOURDOUGH v  
Marmite Onions 1,018kcal  
FREE-RANGE CHICKEN CAESAR ROLL  
Anchovy Dressing & Parmesan 701kcal

## Sides

THICK-CUT CHIPS OR  
SKINNY FRIES 377kcal | 435kcal  
TRUFFLE MAC & CHEESE 528kcal  
CAESAR SALAD  
Croutons, Parmesan & Anchovies 300kcal  
PURPLE SPROUTING BROCCOLI  
Chimichurri 196kcal  
BUTTERED NEW POTATOES 288kcal  
ONION RINGS 470kcal

## Puds & British Cheeses

CHOCOLATE & SALTED CARAMEL TORTE  
Crème Fraîche 481kcal  
KNICKERBOCKER GLORY  
Rhubarb & Lemon Curd 553kcal  
TREACLE TART  
Clotted Cream 543kcal  
MASCARPONE CHEESECAKE  
Drunken Cherries, Amaretti Crumb 593kcal  
APPLE TARTE TATIN  
Vanilla Ice Cream 301kcal  
SALCOMBE DAIRY ICE CREAM & SORBET 126kcal | 188kcal | 331kcal  
(Choose Three: Vanilla, Chocolate, Raspberry Ripple, Honeycomb, Blackcurrant or Mango Sorbet)  
MINI PUD  
Chocolate Brownie 573kcal or Smidgen of Cheese  
with your choice of Tea or Coffee  
BRITISH CHEESE PLATE 348kcal  
Pitchfork Cheddar 334kcal and Beauvale Blue 291kcal, Chutney,  
Apple & Peter's Yard Crackers

### Kcal = Calories

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# SUNDAY BEST CALORIES

We are serious about Sunday roasts, which is why you'll find at least three choices on our menu every week. Settle in for top-quality beef from Aubrey Allen, Jimmy Butler's free-range pork, or our delicious vegetarian wellington with all the glorious trimmings. It's an age-old favourite for a reason. Long may it reign.

## Small Plates

WARM CIABATTA  
Garlic Butter 464kcal

HALLOUMI FRIES  
Bloody Mary Ketchup 528kcal

CHILLI & SOY-GLAZED CHICKEN WINGS 342kcal  
NOCELLARA, GAETA &  
CERIGNOLA OLIVES 194kcal

## Starters

WARM HONEY & WALNUT CAMEMBERT  
Green Apple 735kcal

TEMPURA PRAWNS  
Chilli, Ginger & Sesame Dressing 247kcal

ORANGE, PISTACHIO, CARROT & RED CHILLI SALAD  
Ras El Hanout, Roast Lemon Dressing 398kcal | 754kcal  
+ Crispy Duck 482kcal or Halloumi Croutons 322kcal

## Mains

AUBREY ALLEN'S 12OZ SIRLOIN ON THE BONE  
Chips & Rocket 1,261kcal

DIRTY VEGAN BURGER  
Marmite Onions, Smoked Cheese, Tomato Relish & Fries 1,114kcal

14 HOUR BRAISED BEEF & ALE PIE  
Buttered Mash, Greens, Gravy 899kcal

MISO-GLAZED COD  
Black Rice, Choi Sum, Lime, Chilli & Coriander 431kcal

## Sunday Roasts

*Served with Roast Potatoes, Seasonal Vegetables,  
Roasted Roots, Yorkshire Pudding & Jugs of Gravy*

AUBREY ALLEN'S DRY-AGED RUMP OF BEEF 1,177kcal

JIMMY BUTLER'S FREE-RANGE PORK  
& CRACKLING 1,349kcal

VEGETARIAN WELLINGTON  
Artichoke Heart, Spinach, Emmental & Pine Nuts 1,518kcal

## Sides

THICK-CUT CHIPS OR SKINNY FRIES 377kcal | 435kcal  
BUTTERED NEW POTATOES 288kcal

FREE-RANGE PORK & SAGE STUFFING 547kcal  
CAULIFLOWER CHEESE 563kcal

## Puds & British Cheese

APPLE CRUMBLE  
Custard 471kcal

CHOCOLATE & SALTED CARAMEL TORTE  
Crème Fraîche 481kcal

TREACLE TART  
Clotted Cream 543kcal

KNICKERBOCKER GLORY  
Rhubarb & Lemon Curd 553kcal

APPLE TARTE TATIN  
Vanilla Ice Cream 301kcal

SALCOMBE DAIRY ICE CREAM & SORBET 126kcal | 188kcal | 331kcal  
(Choose Three: Vanilla, Chocolate, Raspberry Ripple, Honeycomb,  
Blackcurrant or Mango Sorbet)

MINI PUD  
Chocolate Brownie 573kcal or Smidgen of Cheese  
with your choice of Tea or Coffee

BRITISH CHEESE PLATE 348kcal  
Pitchfork Cheddar 334kcal & Beauvale Blue 291kcal, Chutney,  
Apple & Peter's Yard Crackers

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# PUDDING CALORIES

## Spring Puddings

CHOCOLATE & SALTED CARAMEL TORTE

Crème Fraîche 481kcal

KNICKERBOCKER GLORY

Rhubarb & Lemon Curd 553kcal

TREACLE TART

Clotted Cream 543kcal

MASCARPONE CHEESECAKE

Drunken Cherries, Amaretti Crumb 593kcal

APPLE TARTE TATIN

Vanilla Ice Cream 301kcal

SALCOMBE DAIRY ICE CREAM & SORBET 126kcal | 188kcal | 331kcal

*(Choose Three: Vanilla, Chocolate, Raspberry Ripple, Honeycomb, Blackcurrant or Mango Sorbet)*

MINI PUD

Chocolate Brownie 573kcal or Smidgen of Cheese with your choice of Tea or Coffee

BRITISH CHEESE PLATE

Pitchfork Cheddar & Beauvale Blue, Chutney, Apple & Peter's Yard Crackers 348kcal

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## Hot Drinks

Our speciality coffee is Union Hand-Roasted's Revelation blend of beans from small-scale co-operatives in Peru and Honduras. Served with semi-skimmed milk. Swap dairy milk for soya or oat for 30p. Decaf tea and coffee also available.

DOUBLE ESPRESSO 44kcal

AMERICANO, CORTADO 93kcal | 46kcal

CAPPUCCINO 173kcal

FLAT WHITE 141kcal

LATTE 177kcal

HOT CHOCOLATE 265kcal

LUXURY HOT CHOCOLATE 355kcal

A POT OF PROPER YORKSHIRE TEA 80kcal

A POT OF TWININGS TEA 44kcal

*Earl Grey, Green Tea, Peppermint, Lemon &*

*Ginger, Camomile & Honey, Spicy Chai*

FRESH MINT TEA 45kcal

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# CHILDREN'S MENU

Don't forget you're also welcome to eat from our main menu - our Chefs are happy to make simpler versions of most dishes, or a half portion at half the price. Our ketchup is Rubies in The Rubble, which has none of the nasties compared to others, and you'll find no artificial ingredients in our soft drinks too!

## Starters

- GARLIC BREAD 464kcal  
HOUMOUS & CRUNCHY VEGETABLES 143kcal  
HALLOUMI FRIES  
Rubies in the Rubble Ketchup 545kcal

## Mains

*Our chips are served unsalted, and all dishes are served with vegetables*

- JIMMY BUTLER'S SAUSAGE & MASH  
Peas & Jug of Gravy 465kcal  
FISH & CHIPS  
Peas or Beans 292kcal  
AUBREY ALLEN'S STEAK BURGER  
Cheddar Cheese & Fries 688kcal  
MAC 'N' CHEESE  
Vegetable Sticks 871kcal

## Puddings

- KNICKERBOCKER GLORY  
Rhubarb & Lemon Curd 273kcal  
CHOCOLATE BROWNIE  
Vanilla Ice Cream 573kcal  
SALCOMBE DAIRY ICE CREAM OR SORBET SCOOP 126kcal  
(*Vanilla, Chocolate, Raspberry Ripple, Honeycomb, Blackcurrant or Mango Sorbet*)

## Soft Drinks

- FROBISHERS JUICE 99kcal  
*Apple & Mango or Orange & Passionfruit*  
CAWSTON PRESS 79kcal | 78kcal  
*Cloudy Apple or Rhubarb*  
ORANGE OR APPLE JUICE 85kcal | 22kcal

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