# Summer at the One Elm

Summer is the season when our green & pleasant land supplies the most wonderful ingredients: soft fruits with matchless flavour; all sorts of greenery from beans to fresh, peppery leaves; tomatoes that taste and smell of tomato. The Cornish day boats we use bring in sparkling sardines and mackerel. Native lobster are also in season. All our beef, pork, lamb and chicken are free-range and the best British quality. We serve the good stuff, because it's what makes life worth living.

### Deli

Warm Mini-loaf & Roasted Garlic Butter £2.50

**Cheese Board** £13.50

Channel Island Brie, Kirkham's Lancashire, Goddess, Capra Nouveau & Blue Monday, Apples, Celery, Toast Biscuits & Chutney

**Charcuterie Board** £14.50

Ibérico Serrano Ham, Salchichón & Lomo, Free-range Chicken, Roasted Pepper & Basil Terrine, Balsamic Onions & Pickles, Warm Mini Loaf

Favourites Board £13.50

Ibérico Serrano Ham, Channel Island Brie, Heritage Tomato Salad, Houmous & Crème Fraîche Dip, Tenderstem Broccoli & Baby Carrots, Tomato Chutney & Warm Pitta

Fish Board £14.50

Potted Brixham Crab, Breaded Smoked Sardines & Heritage Tomatoes, Severn & Wye Smoked Salmon, Crispy Squid & Aioli, Soused Cucumber & Fennel, Milwaukee Rye

Superfood Board £12.75

Warm Honey & Soy Sugar Snaps, Tomato Salad, Goats' Curd, Beetroot Tabbouleh, Houmous & Crème Fraîche Dip,

Tenderstem Broccoli & Baby Carrots, Wholegrain Flatbread

# Starters

## Salads & Rice

			STARTER	MAIN	
Heritage Tomato, Laverstoke Mozzarella & Basil Salad	£5.50	Courgette, Pea & Mint Carnaroli Risotto,			
Free-range Chicken, Roasted Pepper & Basil Terrine,		Broad Bean Crème Fraîche	£6.75	£13.00	
Tomato Chutney	£6.50	Moroccan Meatballs, Beetroot Tabbouleh			
Isle of Man Queen Scallops in the Shell,		& Mint Yoghurt	£6.50	£13.50	
Warm Chorizo Salad, Lemon & Thyme Oil	£7.00	Breaded Smoked Cornish Sardines,			
Crispy Fried Stuffed Artichokes, Feta & Tomato, Basil		Sweet & Sour Tomato Compote, Radish			
& Pine Nut Dressing	£6.50	& Cucumber Salad	£6.75	£13.75	
Smoked Ham Hock Salad, Black Pudding,		Seared Tuna Niçoise Salad, Caper & Dijon Dressing	£8.00	£15.75	
Pea Shoots & Soft Poached Egg	£6.75	Superfood Salad of Beetroot, Carrot & Orange,			
		Borlotti Beans, Goats Curd, Chilli & Lime Dressing	£6.50	£12.50	
		This includes a discretionary 25p contribution to The Peach Foundation, which supports			
		education and promotion of healthy eating, sports and conserva	cation and promotion of healthy eating, sports and conservation in Africa.		

#### Mains

Maple-cured Free-range Gammon Rib Eye Steak, Poached Egg & Chips	£13.50
Free-range Chicken Breast, Classic Caesar Salad, Crispy Bacon & Anchovies	£14.75
Aubergine Parmigiana, Rocket & Slow Roasted Tomatoes, Laverstoke Mozzarella	£12.75
Pan-roasted Hake, Pea, Mint & Parsley Crushed New Potatoes, Lemon Dressing	£14.75
Cornish Lamb T-Bone Chop, Potato Rösti, Fennel Purée & Grilled Courgettes	£17.50
Plaice Fillets & Devonshire Crab, Samphire, Swiss Chard, & Lobster Bisque	£15.50
Lemon & Thyme Pork Schnitzel, Green Beens, Chorizo, Tomato & Caper Butter	£13.00
Pollack & Prawn Fishcake, Cucumber & Fennel Salad, Tartare Crème Fraîche	£12.00

# **Char-grill**

Award-winning butcher Aubrey Allen supplies our steak, selected from the best British grass-fed beef herds, dry-aged for superb flavour and tenderness. All served with Chips & Watercress, Peppercorn or Garlic & Parsley butter



	28 Day Dry-aged 8oz Rump Steak	£18.50
S	28 Day Dry-aged 10oz Rib Eye Steak	£23.50
	28 Day Dry-aged Steak Hanging Skewer, Roasted Red Pepper Summer Salsa, Chimichurri	£15.00
	Coarse-ground Bavette Steak Burger, Cheddar Cheese, Burger Sauce, Coleslaw, Chips & Onion Rings	£12.50
	Add Free-range Egg, Mushroom or Bacon	£1.00 each
	Add a Grill Garnish of Roast Field Mushrooms, Garlic & Thyme Plum Tomatoes & Beer Battered Onion Rings	£3.00

# Sides

Chips £3.25 New Potatoes, Sea Salt & Minted Butter £3.25 Fennel & Tomato Salad, Mays & Green French Dressing £3.75 Garden Salad, Orange & Shallot Dressing £3.50

Buttered Courgettes, Peas & Beans £3.75

Children are heartily welcome and we are happy to make them small or simplified versions of our dishes. If your child would like a small portion at half price, please ask one of our team. A Service Charge of 10% is added to parties of 6 or more. All tips received go to the team. Our kitchen contains nuts. Please let us know if you suffer from food allergies.

# THE ONE ELM

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